

The amenities included in the Premier Concierge Medicine Program include:

- 24-hour access to a top-notch Board-certified physician from anywhere in the world.
- Access to your physician's personal cell phone, email and video conferencing.
- An assigned Patient Advocate to ensure all aspects of your care are effectively managed by coordinating communication and appointments with all members of your health optimization team.
- Priority Appointments – even same day.
- Minimal wait times.
- Thorough Medical History.
- In-Depth Lifestyle Review.
- Health Aspiration Index.
- Basic vitals: height, weight, pulse, blood pressure, temperature.
- Advanced Vitals, including oxygen saturation and body mass index.
- Full Annual Wellness Physical (examination of the head, neck, eyes, ears, nose, throat, mouth, thyroid, chest, heart, lungs, abdomen, liver, spleen, lymphatic system, extremities, pulses, spine, reflexes, neurological system, veins, muscles and joints).
- General Bloodwork.
- Urinalysis.
- Vision Screening.
- 12-Lead Burdick EKG (electrocardiogram) with tracing.
- Personal Health Coach.
- Holistic Medical Approach aimed at rejuvenating your mind, body and spirit.
- Access to a state-of-the-art heart attack, stroke and diabetes prevention program identifying inflammatory and genetic markers and optimizing preventive medical therapy.
- Comprehensive Preventive Health Care Plan and Lifestyle Planning.
- Personalized Health and Wellness Program.
- Preferred VIP pricing every day on Aesthetic Services.
- The peace of mind that comes with having premier access to your physician and supporting healthcare resources.

When indicated, you will also receive:

- Chest Xray.
- Body Composition and Metabolic Analysis.
- Advanced Laboratory Screening (advanced lipid profile test, The most sophisticated blood testing for cardiovascular disease including Apo B, LDL particle size, BNP, c-reactive protein, HBA1C, creatinine, thyroid function, liver function... and much more).
- Pulmonary function testing.
- Abdominal Aortic Aneurysm screening.
- Individualized Nutritional Counseling.
- Access to luxury travel services at preferred rates.
- In urgent situations, your doctor may come to your home or meet you at the ER to expedite your care.